

# Flavored Refrigerator Iced Tea

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Recipe source: [The Yummy Life](http://TheYummyLife.com)

## INGREDIENTS:

- 4 tea bags or 4 teaspoons loose leaf tea
- 4 cups tap or room temperature water

### For Adding Flavors, Choose From:

- 1/2 cup fruit jam or preserves – RECOMMENDED: ½ cup raspberry jam
- 1 cup fruit juice/drink (pomegranate juice, apricot nectar, black cherry juice, grapefruit & orange juice, apple cider, etc.)
- 1/3 cup thawed frozen juice/drink concentrate (lemonade, orange juice, etc.)
- Spices (2 cinnamon sticks, 1 teaspoon whole cloves, 2 tablespoons crushed crystallized ginger, etc.)
- Sprig of fresh herbs (mint, lavender, rosemary, basil, thyme), chopped
- 1 teaspoon extract (vanilla or almond)
- 2-4 tablespoons flavored syrups/sauces (maple, blueberry, caramel, etc.)
- Additional sweeteners to taste, if desired (sugar, simple syrup, honey, agave syrup, etc.)
- Shot of alcohol (rum, flavored liqueurs, etc.) per glass of flavored tea

## DIRECTIONS:

- Use a 1-quart Mason jar or pitcher. A tea basket or ball is needed for adding flavors using jam/preserves, herbs, or spices.
- NOTE: Don't have a tea basket or tea ball? Me neither. You can make a cheesecloth pouch to contain the flavorings. Cut the cheesecloth to the proper size – make sure to allow enough for a double layer of cloth. Douse the cheesecloth in water, then squeeze it out and place the flavoring in the middle of the cloth. Pull the ends together and wrap the cloth firmly closed with a piece of kitchen twine. Cut the twine long enough so it will hang outside the jar while the tea brews.



- If using tea bags: Hang tea bags inside pitcher or jar with strings hanging over the rim (for easy removal later). Add jam/preserves or spices to tea basket or ball and insert in pitcher or jar. Add fruit juices or extracts to jar/pitcher. Add water making sure that tea and added flavorings are immersed, cover, and put in fridge for 6-12 hours. Remove tea bags, basket, or balls and serve.
- If using loose leaf tea: Add 4 teaspoons tea leaves to a tea basket, tea ball or tea filter bag. Add flavors and water as described above.